



2006 Invitational Cheerleading Competition

Saturday October 28, 2006

Londonderry Middle School Gym

Mammoth Rd
Londonderry, NH 03053

Sponsored by: Londonderry Blue Lions Cheerleading

*The Blue Lions Cheerleading Organization Invites all of you to the 2006 Invitational Cheerleading Competition. To be held at the Londonderry Middle School on October 28th 2006.
RSVP to Blue Lions, c/o Heather Domingue, 28 Charleston Ave, Londonderry, NH 03053*

**Trophies will be awarded to the top 3 teams in each division.
The Safety Judge will judge the Safety Award. One team
Spirit award and Team Sportsmanship will be awarded.**

**Concessions will be open all day for spectators and
cheerleaders. T-shirts, flowers, cheer grams, videos will be on
sale. There is no flash photography allowed in the competition
to insure the safety of our cheerleaders.**

www.LondonderryBlueLions.com

Registration fee for competition is \$25.00 per team. If you can join us for this special event please make checks payable to the ***Londonderry Blue Lions Cheerleading*** and return them no later than October 7th, 2006 with your rosters. There will be a \$25.00 late fee charged per team after this date. If you have any questions please contact one of the following:

Heather Domingue 493-9100
Barbara Vargus 598-1065

Most of you know Heather and Barbara from the previous competitions they coordinated in Londonderry.

With more than 1/2 of all states (and growing) now recognizing cheerleading as an independent sport, the Londonderry Blue Lions were formed to now give kids a choice.

We want to welcome each organization to this competition and allow all to see what a great job they do.

Competition Guidelines

General Rules Requirements:

1. Each team will perform a choreographed routine of no more than 3 minutes in length.
2. There is no minimum or maximum for music, however no voice over or words may be recorded to enhance the vocal projections of the team.
3. Timing of routines will come to an end with the last organized motion, sound or word. Teams should exit the mat at the conclusion of their routine.
4. You may come with your music on a CD or tape. Have your music checked with the DJ prior to the performance. Have at least two copies on hand in case of an error or problem.
5. All teams should best use their technical strengths in jumps, dance, tumbling, stunting, motion technique, projections, expression and choreography.
6. All routine must be appropriate for all audiences. Any vulgar or inappropriate music or gestures will result in a deduction of points.
7. No tear away uniforms, lifting of skirts or removal of clothing is allowed. This also includes after the performance of your team. keep clothing zipped and on appropriately.
8. Teams may NOT wear glitter. No mascots are allowed on the mat.
9. Each squad will have up to 1 minute from the time your name is called to set up on the mat.
10. All organized introductions (chants, spell-outs, etc.) are considered to be part of the routine and are timed as part of the performance. Tumbling, jumping and “spazzing” on are permitted.

Scoring Reminders

1. Points received in the five categories will be based on execution of the skills, the difficulty of the skills and the quantity of the skills being performed.
2. Both the variety of the skills and the number of team members performing the skills plays a very important role in determining your score in that category (this is throughout the entire routine).
3. Zero points will be given in a category if that specific skill is not executed. Your scores are based off of TEAM performances, not individuals. The points given are based off the TEAM participation throughout the entire routine.
4. In reference to CO-ED teams, all these rules apply.
5. We expect that all teams have practiced and perfected all skills before demonstrating them in a tournament setting. Perfection before progression.
6. All points are given according to what the judge interprets.
7. All judge’s decisions are final.

www.LondonderryBlueLions.com



**Medical Release Form
Invitational Cheerleading Competition
Saturday, October 28th 2006**

Participant Name _____

Organization Name _____

I consent to this participation and further certify that I am adequately covered by parent / school insurance and agree that Londonderry Middle School, Londonderry Blue Lions, officers of the Town of Londonderry or Londonderry Middle School or the Londonderry Blue Lions shall not be held liable for any accident or injuries which may result from attending or competing in the 2006 Cheerleading competition at Londonderry Middle School.

I further understand that a qualified EMT and / or Athletic Trainer will be in attendance at this competition and further agree that if in his/her judgment, further treatment for any injury or illness may be required, my child may be transported to the nearest hospital. Transportation and or treatment financial obligation will be the sole responsibility of the parent or guardian.

Signed _____ Date _____
(Parent / Legal Guardian)

Print Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____

Note: All participants must sign this form. Please make copies for all team members.



**2006 Invitational
Cheerleading Competition**

Saturday October 28, 2006
Londonderry Middle School Gym
Mammoth Rd
Londonderry, NH 03053

Squad Name: _____

Address: _____ City: _____ Zip: _____

Email address: _____ Phone: _____

Coaches Names (only coaches listed on this form will be allowed in the rooms with the cheerleaders) _____

Please send an attached Roster with the Name and Age as well as grade for each cheerleader and squad.

Thanks you

Heather Domingue 603-493-9100

SCORESHEET

Team Name: _____ **Division:** PW JV V

Event/Tournament: _____

CATEGORY A

Maximum Pts.

Score

Partner Stunts: Execution/Degree of Difficulty	10 pts	
Pyramid/Basket Tosses: Execution/Degree of Difficulty	10 pts	
Transitions/Dismounts: Execution/Degree of Difficulty	10 pts	
Sportsmanship: Expression/spirit, etc.	10 pts	
Perfection of Routine	10 pts	
Total	50 pts	

Officials

Notes:

SCORESHEET

Team Name: _____ **Division:** PW JV V

Event/Tournament: _____

CATEGORY B

Maximum Pts.

Score

Running Tumbling: Execution/Degree of Difficulty	10 pts	
Standing Tumbling: Execution/Degree of Difficulty	10 pts	
Formation/Spacing/Use of Floor	10 pts	
Overall Effect: Showmanship/Enthusiasm/Crowd Appeal/Energy	10 pts	
Perfection of Routine	10 pts	
Total	50 pts	

Officials

Notes:

SCORESHEET

Team Name: _____ **Division:** PW JV V

Event/Tournament: _____

CATEGORY C

Maximum Pts.

Score

Jumps: Execution/Degree of Difficulty	10 pts	
Voice	10 pts	
Transitions: Throughout Routine	10 pts	
Choreography: Flow of Routine/Appropriateness	10 pts	
Perfection of Routine	10 pts	
Total	50 pts	

Officials

Notes:

SCORESHEET

Team Name: _____ **Division:** PW JV V

Event/Tournament: _____

CATEGORY D

Maximum Pts.

Score

Motion Technique: Execution/Degree of Difficulty	10 pts	
Dance: Execution/Degree of Difficulty	10 pts	
Timing Throughout Routine	10 pts	
Creativity Originality	10 pts	
Perfection of Routine	10 pts	
Total	50 pts	

Officials

Notes:

TECHNICAL SCORE SHEET

PW JV V

TEAM NAME: _____

INFRACTION	POINTS	EXPLANATION	DEDUCTIONS	RULE VIOLATION
1. Incorrect skill performed	10			
2. Illegal positioning of head	5			
3. Illegal use of signs/poms/etc.	5			
4. Pyramid Stunt Collapse	10			
5. Incorrect Spotting	20			
6. Inattentive Spotting	5			
7. Weight bearing	5			
8. Missed tumbling skill	5			
9. Unsportsmanship-like action: Incorrect, inappropriate, implied, wording/language/gestures/music	10			
10. Boundary infraction	5			
11. Illegal supports/braces/etc	5			
12. Fingernails/jewelry/etc	5			

Signature of Judge: _____

Total

Deductions: _____

Disqualifications:
